***University Of Essex Badminton Club***

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| Location: | Sports Arena/Sports Hall |
| Assessor: | Sanat Anand |
| Persons at risk: | Participants/coaches |

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| Hazard (H)  Hazardous Event (HE)  Consequence (C) | Pre-Control Risk Rating | | | Control Measures | Post Control Risk Ratings | | | Comments |
| L | S | Risk Score |  | L | S | Risk Score |
| H: Equipment  HE: Equipment not being used correctly  C: Participant getting injured during a session due to lack of knowledge regarding correct usage of equipment | 4 | 6 | 24 (Urgent) | Team captains/ more experienced members need to teach the less experienced members how to use the equipment to prevent serious injuries | 2 | 4 | 8 (Low) | Before the start of each session, participants will be asked if they know how to use the equipment, if not, experienced members will teach them. |
| H: Airborne Viruses/ germs  HE: People contracting viruses through the air due to badminton being an indoor sport.  C: Contracting viruses that could potentially be harmful for the individual. | 2 | 6 | 12 (Medium) | Ensure that members that don’t feel well, take full care of themselves and once fully recovered, they can return to training. | 2 | 4 | 8 (Low) |  |
| H: Participant Behaviour  HE: Aggression between participants may result in more intentional or unintentional reckless behaviour  C: Participant getting injured during a session due to reckless behaviour | 3 | 6 | 18 (Urgent) | Ensure that all participants are briefed about the standard of behaviour expected off them on and off the court. Especially those that are playing on the team. | 3 | 4 | 12 (Medium) | If participants are unable to honour the standard of behaviour required of them, team players may be dropped from the team. While, non-competing members may not be allowed to book onto the social sessions until they are able to show suitable behaviour. |
| H: Dehydration  HE: Large amounts of fluid is lost during each session due to the high demands of the sport  C: Due to the high demands of the sport and not enough water is consumed, participants may experience dehydration which decreases physical outcome significantly | 4 | 6 | 24 (Urgent) | During each session, every participant must carry and consume a suitable amount of water to decrease the likelihood of dehydration | 2 | 3 | 6 (Low) |  |
| H **-** faulty equipment  HE – contact with faulty equipment (sharp edge of badminton racquet handle)  C – Cuts, splinters | 3 | 4 | 12  (Medium) | Session leads, visually inspect equipment prior to when they’re due to be used. If any harmful equipment is identified, this is not to be used and is safely disposed of.  Session leads to check equipment again on the day of the event. If any harmful equipment is identified, this is not to be used and is safely disposed of. Safe equipment is then used in its place.  Club equipment is serviced to ensure it is fit for purpose and is being safely maintained. | 1 | 4 | 4  (Low) |  |
| H – foreign objects on floor  HE – trips and falls  C – Cuts, bruises, sprained joints | 3 | 4 | 12  (medium) | Session leads to check training surface beforehand and remove any objects which might pose a trip hazard. | 1 | 4 | 4  (low) | Session leads to ensure nothing is left on any surfaces used after use. |
| H – Clothing  HE - Inappropriate clothing  C - Injury | 3 | 2 | 6 | All participants informed of what not to wear in email sent day before session. | 2 | 2 | 4 |  |
| H – exercise  HE – exercise with muscles not adequately warmed up  C – Injuries (strained muscles) | 5 | 5 | 25 | Coach/captain will ensure everyone takes part in the warm up before training and a match and all attendees who show up later to the session, will be asked to do an individual warm up prior to joining the main session. | 2 | 4 | 8 |  |
| H – Players  HE – Participants who have medical conditions (asthma)  C- Inability to breathe and find the exercise more difficult | 4 | 5 | 20 | Session leads to inform group of their requirement to tell of him any medical conditions, prior to the session.  Session leads verifies that the player has the appropriate medical equipment.  Participant opts out of any part of the session when the need arises. | 3 | 2 | 6 |  |
| H – players  HE – Participants carrying injuries  C - Exacerbation of injuries | 3 | 6 | 18 | Inform session leads of condition. Participant to opt out of any section of the training if this might worsen their injuries. | 2 | 4 | 8 |  |

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| **The person signing this assessment must check the information above to ensure it is relevant to this operation on this site. Additionally, any additional controls measures deemed necessary must be included.** | | |
| **Signed Author** | **Sanat Anand** | **Date: 19/12/22** |
| **Signed Checked By** | **Rob Neale** | **Date: 19/12/22** |

**Action Plan**

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| **Hazard No.** | **Details of Action to be Taken** | **Action by who** | **Target Date** | **Completion Date** | **Signature** |
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