**Title/Event Name**

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| Location: | Sports Arena |
| Assessor: | Gabriel Tucker |
| Persons at risk: | Players and coaches |

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| Hazard (H)  Hazardous Event (HE)  Consequence (C) | Pre-Control Risk Rating | | | Control Measures | Post Control Risk Ratings | | | Comments |
| L | S | Risk Score |  | L | S | Risk Score |
| H-Dodgeball  HE-Hitting someone with a ball  C-Injury | 3 | 5 | 15 | -Teach players how to catch a ball properly and dodge properly  -Tell students not to purposefully aim for people’s faces and heads  -Encourage good footwear to be worn and possibly even knee pads | 2 | 4 | 8 |  |
| H-Spillage on the court  HE-slip on spillage  C-Injury when falling | 3 | 4 | 12 | -Keep all water bottles and such on the side of the hall  -If spillage occurs then we stop all gameplay until it is cleaned up | 2 | 4 | 8 |  |
| H – airborne illnesses  HE – illness being transmitted to people via dust particles/respiratory droplets  **C – Contracting the virus/germs resulting in consequences ranging from being asymptomatic to death** | 2 | 7 | 14 | Ensure that anyone with illness (cold, flu etc.) do not attend training sessions, matches to minimise spread of infection – based on outdoor session. | 1 | 7 | 7 | Club to ensure that any participants that are ill, are checked up on in following days. If there is a case of someone attending and had COVID at a session, club to contact attendees and recommend they undertake a lateral flow test. |
| H-Pre-existing injury  HE-participating in physical activity with a pre-existing injury  C-Aggravate/worsen a pre-existing injury (e.g. tears an ACL) | 5 | 6 | 30 | -Attendees to make coach/captain aware of any pre-existing injuries.  -Student to opt out of any form of physical activity which might worsen their injury.  -Coaches/captains keep tabs on players’ previous injuries and check on their welfare. | 2 | 6 | 12 |  |
| H – exercise  HE – exercise with muscles not adequately warmed up  C – Injuries (strained muscles) | 5 | 5 | 25 | Coach/captain will ensure everyone takes part in the warm up before training and a match and all attendees who show up later to the session, will be asked to do an individual warm up prior to joining the main session. | 2 | 4 | 8 |  |
| H-Participating in training/matches  HE-Head collisions between players or between players and floor  C-Possible concussion and continuing to play with concussion | 4 | 5 | 20 | All captains issued with concussion recognition tool document within their captain packs. If a player sustains impact to their head from another player’s head/elbow/ground, they will be checked for possible concussion. First aider/captain/coach should look out for visible clues of concussion (e.g. slow to get up off the ground) and test memory function (e.g. What venue are we at today?) of the injured party. Any athlete with suspected concussion should be immediately withdrawn from play and assessed by a first aider. They should not be left alone or drive a motor vehicle. | 3 | 5 | 15 |  |
| H – Driver  HE- Driver’s license not up to date  C- Accident/Fine | 3 | 6 | 18 | The club/SU Activities Team ensures that the driver has a valid licence  (+ car insurance) | 1 | 6 | 6 |  |
| H- Driver  HE – Long journey to/from venue causing exhaustion  C – accident | 4 | 7 | 28 | The club ensures that the driver does not drive more than 2hours.  The driver will take a 15 minute break for every 2 hours of driving. | 2 | 7 | 14 |  |
| H – Passengers  HE – no seatbelts worn during journey.  C- Whiplash | 3 | 7 | 21 | Ensure that everyone has their seatbelt on before starting the journey and keeps it on during the journey. | 1 | 5 | 5 |  |

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| **The person signing this assessment must check the information above to ensure it is relevant to this operation on this site. Additionally, any additional controls measures deemed necessary must be included.** | | |
| **Signed Author** | **Gabriel Tucker** | **Date: 15/12/22** |
| **Signed Checked By** | **Rob Neale** | **Date: 15/12/22** |

**Action Plan**

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| **Hazard No.** | **Details of Action to be Taken** | **Action by who** | **Target Date** | **Completion Date** | **Signature** |
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