**Title/Event Name**

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| Location: | Studio 2 |
| Assessor: | Neo Beck |
| Persons at risk: | Club members |

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| Hazard (H)  Hazardous Event (HE)  Consequence (C) | Pre-Control Risk Rating | | | Control Measures | Post Control Risk Ratings | | | Comments |
| L | S | Risk Score |  | L | S | Risk Score |
| (H) Participants and equipment  (HE) Contact between participants  (C) Bruises/cuts | 5 | 4 | 20 | Protective armour worn and well maintained.  Professional  instruction on  correct movements. | 2 | 4 | 8 | First aider. (Josh Barnard ) To keep a first aid kit on site To provide first aid care In the event of an injury. keep and accident log (Yujia Wang) |
| H – foreign objects on floor  HE – trips and falls  C – Cuts, bruises, sprained joints | 3 | 4 | 12 | Session leads to check training surface beforehand and remove any objects which might pose a trip hazard. | 1 | 4 | 4 | Session leads to ensure nothing is left on any surfaces used after use. |
| H **-** faulty equipment  HE – contact with faulty equipment (sharp edge sword handle)  C – Cuts, splinters | 3 | 4 | 12 | Session leads, visually inspect equipment prior to when they’re due to be used. If any harmful equipment is identified, this is not to be used and is safely disposed of.  Session leads to check equipment again on the day of the event. If any harmful equipment is identified, this is not to be used and is safely disposed of. Safe equipment is then used in its place.  Club equipment is serviced to ensure it is fit for purpose and is being safely maintained. | 1 | 4 | 4 |  |
| H – exercise  HE – exercise with muscles not adequately warmed up  C – Injuries (strained muscles) | 5 | 5 | 25 | Coach/captain will ensure everyone takes part in the warm up before training and a match and all attendees who show up later to the session, will be asked to do an individual warm up prior to joining the main session. | 2 | 4 | 8 |  |
| H – Players  HE – Participants who have medical conditions (asthma)  C- Inability to breathe and find the exercise more difficult | 4 | 5 | 20 | Session leads to inform group of their requirement to tell of him any medical conditions, prior to the session.  Session leads verifies that the player has the appropriate medical equipment.  Participant opts out of any part of the session when the need arises. | 3 | 2 | 6 |  |
| H – players  HE – Participants carrying injuries  C - Exacerbation of injuries | 4 | 6 | 24 | Inform session leads of condition. Participant to opt out of any section of the training if this might worsen their injuries. | 2 | 4 | 8 |  |
| H – Participants  HE – Incorrect technique used by participants  C - Injuries | 3 | 7 | 21 | Formal and strict  instruction on the  rules and discipline  of correct kendo;  Clear explanation  and demonstration  of each movement  before asking the  participants to try | 3 | 3 | 9 | First aider. (Josh Barnard ) To keep a first aid kit on site To provide first aid care In the event of an injury. keep and accident log (Yujia Wang) |
| H Over exhaustion/Dehydration  HE An attendee works too hard/don’t drink enough water  C Fainting/Collapsing and any consequent injuries | 3 | 5 | 15 | Coach to ensure that they provide sufficient breaks during a training session for attendees to rest and rehydrate  Coach/captains to remind attendees to bring a water bottle with them. | 2 | 4 | 8 | Josh Barnard to bring Extra water in case Participants have not brought their own |
| H Jewellery  HE Jewellery being worn by a class attendee falling/flying off during class  C Jewellery hitting another attendee or causing another attendee to slip/trip/fall | 4 | 5 | 20 | Remind class attendees to remove jewellery before class starts | 1 | 3 | 3 | Exceptions may be allowed for items such as wedding rings, religious items etc |

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| **The person signing this assessment must check the information above to ensure it is relevant to this operation on this site. Additionally, any additional controls measures deemed necessary must be included.** | | |
| **Signed Author** | **Neo Beck** | **Date:07/02/2023** |
| **Signed Checked By** | **Rob Neale** | **Date: 14/02/2023** |

**Action Plan**

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| **Hazard No.** | **Details of Action to be Taken** | **Action by who** | **Target Date** | **Completion Date** | **Signature** |
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