



Code of Conduct for the Essex Blades Lacrosse Club

1. Introduction

The following constitutes the Code of Conduct for The Essex Blades Lacrosse Club.

- 1.1 The Lacrosse Club is an affiliated member of the Essex Blades. As such all members of the Lacrosse Club agree to adhere to the Essex Blades Code of Conduct, Constitution, general rules and other regulations of this organization (can be found here: www.essexstudent.com/sport/forms/), as well as that of the Students' Union and the University. Individuals found to be in breach of the club/Essex Blades code of conduct, constitution or other policy may be subject to disciplinary procedures.
- 1.2 The Lacrosse Club affiliates to the following National Governing Bodies and sports organizations:
 - o England Lacrosse
- 1.3 The Lacrosse Club aims to provide a medium for developing student sport and enabling more people to get into the sport. At the same time, the Lacrosse Club also aims to build up a highly professional student Lacrosse team at the University of Essex.

2. Club Officers

Position	Name	Role
President	Jemma Paterson	Responsible for the general day to day running of the Club.
Men's Vice President	James Dunn	Will assist the president with Club session bookings and Liaise between the Men's Captain and the President.

Women's Vice President	Victoria Bruniski	Will assist the president with Club session booking and Liaise between the Women's Captain and the President.
Communications officer	Natasha Smith	Responsible for maintaining Club Social Media Accounts and maintaining the image of the Lacrosse Club. Ensures Club uses social media responsibly.
Treasurer	James Sterriker	Shall be responsible for all the Club's expenditure and petty cash. Regular reports and estimates of expenditure will be prepared.
Social Secretaries	Jeff Clark Lorenza Majocchi Kathryn Giles	The social secretaries will organize a wide range of social events to help Club members get to know each other.
Men's team captain	Alex Fouad Mickhael	The Team Captain is required to play for the team and attend competitions. The Captain will select the teams and organize try outs.
Men's team Vice captain	James Dunn	The Vice-captain is required to assist the captain and play for the team and attend competitions.
Women's team captain	Alicia Taylor	The Team Captain is required to play for the team and attend competitions. The Captain will select the teams and organize try outs.
Women's team Vice captain	Natasha Smith	The Vice-captain is required to assist the captain and play for the team and attend competitions.
Charity & Fundraising Officer	Caitllin Mullane	Responsible for creating events that are to help raise awareness of notable causes, raising money for the cause and the Club.
Welfare Officer	Alec Postawa	Ensure correct Health and safety are followed at Club training and matches. Ensures the welfare of all Club members.

COVID Officers	Patrick Fitzsimon Dara Adesina Megan Westrope	Ensure the Club is following COVID protocols put in place by the University.
Kit Manager	Jade Sidhu	Maintaining the quality of the equipment and updates on the quantity of the equipment (Inventory check)
Mixed Team Captain	Natasha Smith	The Team Captain is required to play for the team and attend competitions. The Captain will select the teams and organize try outs.

3. Club Participation and Activities

In order for a student to participate in Lacrosse Club activities, they must first become a member of the Essex Blades and then join the Lacrosse Club.

3.1 The club participates in the following weekly activities:

Activity	Day	Time	Site of Activity
Team training session	Monday	8-10pm	Astro
	Friday (Based on 2020/2021)	5-8pm (based on 2020/2021)	Grass Training Grid
Competitions	Wednesday Sunday	2pm (differs per game)	Wivenhoe Park Other Sites depend on Away Day Fixtures which are TBC

3.2 The club also plans to participate in the following activities in the forthcoming academic year:

Activity	Potential Date	Potential Site	Activity leader
Freshers fair	Freshers week - October	Multi Story Car Park	TBC
Fundraising event for the club	Second term	TBC	Charity and Fundraising Officer
Voluntary work	Second term	TBC	President

Tour	Easter break	TBC	Social Secretaries
Derby Day	April	University of Essex	President & Captains of both teams

- 3.3 Club members will supply personal details and completed trip registration forms for the club, to be passed onto an Essex Blades Executive at least 1 week prior to the commencement of the tour/trip.
- 3.4 The club will provide the following details of trips or tours at least one week prior to departure. (Details to include departure and return times, costs incurred etc.)

4. First Aid and Other Relevant Qualifications

The Lacrosse Club will be committed to having the following first aid cover available within the Club.

4.1 Currently the Lacrosse Club has the following first aid trained members:

Name of Member	Position	Qualification
Megan Westrope	COVID Officer	Basic Emergency First Aid Course
James Dunn	Vice President	National Pool Lifeguard Qualification (NPLQ)
Alicia Taylor	Women's Captain	National Pool Lifeguard Qualification (NPLQ)
Victoria Bruniski	Vice President	Standard First Aid with CPR/AED Level C

5. Students' Union, University and Personal Activities

Students' Union, University and Club activities can be classed as one or more of the following:

- Any activity which is being conducted under the name of the University or Students' Union
- Any activity publicised under the name of the University, Students' Union or Club, via any connected website, leaflet, journal or notice board etc.
- Funded by the University, the Students' Union or Club
- Utilising any University, Students' Union or Club equipment
- Using any transport booked via the University or Students' Union

6. Accident and Emergency Procedure

In the case of minor incidents such as minor sporting injuries that take place, members in the Lacrosse Club will inform the Sports Development Manager at a convenient time and complete an accident report form. In the case of major incidents, the following procedure will be followed by Club members when **away** from the University campus:

- Identify any first aid trained individuals who could help to ensure the comfort of the casualty but not move them.
- Contact the emergency services on **999**.
- Ensure safety of the rest of the group
- Contact the University information desk on: 01206 872222 who will contact student support
- When phoning the University, supply your name and where you are calling from, the Club/Student involved, the nature of the incident, Name of the Hospital where the casualty has been taken and the Name of any Police Officers involved.
- The Director of Student Support or the deputy will telephone you back and inform you of what to do next. Make no comment to the media and ensure that none of the group does either.

6.1 If an incident happens **on** the University site, the security office will be contacted immediately by a Club member via the sports centre during opening times, on internal telephone number **2222**, who will then be able to direct the ambulance service to the correct area of the University.

6.2 Where an incident requires any form of medical or first aid treatment, a committee member of the Lacrosse Club will fill in an accident report form detailing the accident within 3 days of the incident taking place. Any near miss that can be attributed as being caused by Students' Union or University equipment and/or Club or individual Club member behaviour will require a committee member to complete a near miss form within 3 days of the incident.

7. Club and Individual Conduct and Behaviour

7.1 Members must take care to listen carefully to instructions from whoever is running sessions for their personal safety and the safety of others.

7.2 There is to be no shooting outside of designated times and areas.

7.3 Bullying and/or Harassment by a Club Member, either to another Club member, a Student of the University or a member of the Public will not be tolerated by the Club. This includes both in person or Via the use of any Social Media.

7.4 PPE is required when you arrive at ALL Training Sessions and events. You will be told if you can remove your PPE once a session has started.

7.5 Anyone found to be violating Guidelines set out by Public Health England or the Local Council while outside of Training i.e. the rule of 6, will be issued a warning and banned from training for 14 days, as these actions endanger other Club members during Training sessions.

7.6 Any transgression of this disciplinary code will be dealt with using the following internal disciplinary procedure:

- By a member of the Lacrosse Club executive committee as they see fit.

7.7 Any transgression of discipline deemed to be severe, by the VP Student Experience, will be dealt with in the first instance by the Essex Blades executive committee.

8. Complaints Procedure

If any club member is unhappy with any aspect of the club they can utilise the following complaints procedure in order to raise this issue:

1) Contact any member of the Lacrosse Club executive committee via email addresses provided / in person before/during/after sessions.

2) Contact the Students' Union Sports Office by email (blades@essex.ac.uk) or phone (01206 86321)

9. Declaration

The following Lacrosse club committee members agree to uphold and deliver the terms and principles of this document.

Name	Position	Signed	Date
Jemma Paterson	President	J. Paterson	01/10/2020

James Dunn	Men's Vice president	J. Dunn	02/10/2020
Victoria Bruniski	Women's Vice President	V. Bruniski	07/10/2020
Natasha Smith	Communication officer	N. Smith	02/10/2020
James Sterriker	Treasurer	J. Sterriker	13/10/2020
Alex Fouad Mickhael	Men's Captain	A. Mickhael	14/10/2020
James Dunn	Men's Vice captain	J. Dunn	02/10/2020
Alicia Taylor	Women's Captain	A. Taylor	12/10/2020
Natasha Smith	Women's Vice captain	N. Smith	02/10/2020
Caitlin Mullane	Charity & Fundraiser officer	C. Mullane	13/10/2020
Jade Sidhu	Kit managers	J. Sidhu	06/10/2020
Alec Postawa	Welfare Officer	A. Postawa	07/10/2020
Dara Adesina	COVID Officers	D. Adesina	14/10/2020
Patrick Fitzsimon		P. Fitzsimon	02/10/2020
Megan Westrope		M. Westrope	13/10/2020
Kathryn Giles Lorenza Mojocchi Jett Clark	Social Secretaries	K. Giles	07/10/2020
		L. Mojocchi	13/10/2020
		J. Clark	07/10/2020
Natasha Smith	Mixed Team Captain	N. Smith	02/10/2020

Name	Position	Signed	Date
Lewis Higgins	Sports Coordinator	L.Higgins	20.10.2020
Olivia Matthews	VP Student Experience		