

Sandwiches (£2.50)

- Egg mayo sandwich

INGREDIENTS: Hard-boiled Egg (47%), Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Rapeseed Oil, Spirit Vinegar, Pasteurised Egg Yolk, Salt, Yeast, Corn Starch, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Wheat Gluten, Sugar, White Pepper, Concentrated Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Palm Oil, Acidity Regulators (Citric Acid, Trisodium Citrate), Preservative (Acetic Acid).

- Cheese & tomato / Cheese & pickle

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Mature Cheddar Cheese (Milk) (26%), Water, Sugar, Malt Vinegar (Barley), Courgette, Carrot, Swede, Onion, Molasses, Spirit Vinegar, Salt, Yeast, Cornflour, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Wheat Gluten, Rapeseed Oil, Barley Malt Extract, Spices, Concentrated Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Black Pepper, Palm Oil.

- Chicken & Sweetcorn Sandwich

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Chicken Breast (25%), Water, Sweetcorn (11%), Malted Wheat Flakes, Rapeseed Oil, Wheat Bran, Cornflour, Spirit Vinegar, Salt, Yeast, Malted Barley Flour, Pasteurised Egg, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Sugar, Wheat Gluten, Pasteurised Egg Yolk, Malted Wheat Flour, Concentrated Lemon Juice, Yeast Extract, Onion Powder, Black Pepper, Flour Treatment Agent (Ascorbic Acid), Palm Oil, Brown Mustard Seeds, Maltodextrin, Mushroom Extract Powder, Lemon Juice Powder.

- Chicken & Bacon Mayonnaise Sandwich

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Chicken Breast (20%), Rapeseed Oil, Malted Wheat Flakes, Smoked Bacon (4.5%) [Pork Belly, Salt, Stabiliser (Pentapotassium Triphosphate, Pentasodium Triphosphate), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)], Cornflour, Wheat Bran, Spirit Vinegar, Pasteurised Egg, Sugar, Pasteurised Egg Yolk, Yeast, Malted Barley Flour, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Wheat Gluten, Malted Wheat Flour, Concentrated Lemon Juice, Black Pepper, Yeast Extract, Onion Powder, Brown Mustard Seeds, Flour Treatment Agent (Ascorbic Acid), Palm Oil, Maltodextrin, Mushroom Extract Powder, Lemon Juice Powder.

- Ham And Cheddar Cheese Sandwich

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Smoked Reformed Ham with Added Water (23%) [Pork, Water, Dextrose, Salt, Stabilisers (Pentapotassium Triphosphate, Pentasodium Triphosphate), Antioxidant (Sodium

Ascorbate), Preservatives (Sodium Nitrite, Potassium Nitrate)], Mature Cheddar Cheese (Milk) (17%), Malted Wheat Flakes, Rapeseed Oil, Wheat Bran, Cornflour, Spirit Vinegar, Yeast, Malted Barley Flour, Pasteurised Egg, Sugar, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Wheat Gluten, Pasteurised Egg Yolk, Malted Wheat Flour, Concentrated Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Palm Oil, Brown Mustard Seeds.

Bakery & Pastries

- Butter croissant £1.50

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Butter (Milk) (18%), Water, Sugar, Yeast, Salt,

- Almond croissant £2.00

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Butter (Milk) (22%), Sugar, Almonds (9%), Water, Yeast, Invert Sugar Syrup, Salt, Whey Powder (Milk), Wheat Gluten, Modified Potato Starch, Dried Skimmed Milk, Flavourings, Flour Treatment Agent (Ascorbic Acid), Thickener (Sodium Alginate), Dried Cream (Milk), Stabilisers (Tetrasodium Diphosphate, Calcium Sulphate), Carrot Extract.

- Pain Au Chocolat £2.00

INGREDIENTS: Wheat Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamin), Dark Chocolate (18%)(Sugar, Cocoa Mass, Cocoa Butter, Anhydrous Milk Fat, Emulsifier (Soya Lecithins)), Butter (Milk) (17%), Water, Sugar, Yeast, Salt, Egg, Flour Treatment Agent (Ascorbic Acid).

- Muffin (chocolate, blueberry) £3.00

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Sugar, Rapeseed Oil, Belgian Milk Chocolate Chunks (15%)(Sugar, Dried Whole Milk, Cocoa Butter, Cocoa Mass, Emulsifier (Soya Lecithins), Flavouring), Pasteurised Egg, Water, Modified Maize Starch, Dried Skimmed Milk, Raising Agents (Disodium Diphosphate, Potassium Hydrogen Carbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Salt, Natural Vanilla Flavouring.

- Sausage roll (Pork or vegan) £3.00

INGREDIENTS: Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Pork (21%), Palm Oil, Wheat Protein, Salt, Rapeseed Oil, Pork Fat, Dried Skimmed Milk, Tapioca Starch, Yeast Extract, Sugar, Flavour Enhancer (Monosodium Glutamate), White Pepper, Emulsifier (Tri Sodium Diphosphates), Caramelised Sugar Powder, Spice Extracts, Antioxidants (Alpha-Tocopherol, Ascorbyl Palmitate), Herb Extracts

- Cinnamon swirl £3.00

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium, Folic Acid, Iron, Niacin, Thiamin], Sugar, Palm Oil, Water, Rapeseed Oil, Yeast, Pasteurised Egg, Coconut Oil, Dried Glucose Syrup, Cinnamon, Sugar Syrup, Glazing Agent (Isomalt), Salt, Modified Potato Starch, Cane Sugar Syrup, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Whey Powder (Milk), Dried Skimmed Milk, Stabilisers (Calcium Alginate, Tetrasodium Diphosphate, Disodium Phosphate), Gelling Agent (Agar), Glucose Syrup, Acidity Regulator (Citric Acid), Flavours, Preservative (Potassium Sorbate), Colour (Beta-Carotene), Milk Proteins.

Hot Snacks & Small Meals

- Chicken burger from £3.50 (add cheese for £0.50)

INGREDIENTS: Soya Chicken (Plant based) (60%), Wheat Flour, Water, Rapeseed Oil, Starch (Wheat, Maize), Dextrose, Salt, Wheat Gluten, Spices, Raising Agents (Disodium Diphosphate, Sodium Carbonates), Natural Flavouring, Dried Herbs, Spice & Herb Extracts, Yeast, Mushroom Extract, Calcium Carbonate, Iron, Niacin, Thiamin

- Veggie burger from £3.00 (bean or falafel patty)

INGREDIENTS: Vegetables (54%) [Carrot, Sweetcorn, Red Pepper, Cauliflower, Green Bean, Sweet Potato, Onion, Peas], Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Dried Potato, Rapeseed Oil, Salt, Cornflour, Yeast.

- Fries / potato wedges – £2.50

INGREDIENTS: Potato (93%), Sunflower Oil, Rice Flour, Salt, Potato Starch, Dextrin, Garlic Powder, Black Pepper, Paprika, Onion Powder, Flavouring, Chilli Powder.

- Hashbrown Chaat - £3.50

INGREDIENTS: GLUTEN Wheat flour in Hashbrown , MILK Yogurt topping , LEGUMES Chickpeas, peas, gram flour in sev , SULPHITES Some tamarind chutneys or preserved ingredients

- Samosa Chaat - £3.00

INGREDIENTS: GLUTEN Wheat flour in Samosa Pashtry , MILK Yogurt topping , LEGUMES Chickpeas, peas, gram flour in sev , SULPHITES Some tamarind chutneys or preserved ingredients

- Chicken Butter Masala curry with Rice £5.50 (Dairy free option)

INGREDIENTS: GLUTEN (Soya Chicken), MILK (cream), TREE NUTS (cashew paste), and GLUTEN

- Paneer Butter Masala curry with Rice £4.50

INGREDIENTS: MILK (cream), TREE NUTS (cashew paste),

- Daal Makhani (Black Lentils) with Rice £4.00

INGREDIENTS: MILK (butter, cream) and LEGUMES (black lentils, kidney beans).

- Beetroot Kebab - £2.50

INGREDIENTS: GLUTEN (bread crumbs or flour binder), and LEGUMES (chickpeas or lentils).

- Pav Bhaji - £4.50

INGREDIENTS: GLUTEN (pav/bread made from wheat flour).

- Chicken Biryani Rice - £4.00

INGREDIENTS: GLUTEN (Soya Chicken), MILK (yogurt, ghee, or cream) and possible TREE NUTS (cashews)

- Veg. Biryani Rice - £3.00

INGREDIENTS: MILK (yogurt, ghee, or cream) and possible TREE NUTS (cashews)

- Jackfruit Biryani Rice - £4.50

INGREDIENTS: MILK (yogurt, ghee, or cream) and possible TREE NUTS (cashews)

- Punjabi Samosa - £2.50

INGREDIENTS: GLUTEN (wheat flour pastry) and possible LEGUMES (peas in filling).

- Onion Bhaji - £2.50

INGREDIENTS: LEGUMES (Gram Flour)

Hot & Cold Beverages

- Red Bull £2.00
- Mango Smoothie £2.50
- Orange/Mango/Pineapple Juice £2.00
- Soft drinks Coke/Cokezero/Lemonade cans – £1.20