**Risk estimation**

Using the form provided to evaluate the main health and safety risks in your sport. Use the guidance and tables below to help you:

Table 1: risk estimation

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| **Likelihood** | **Severity of impact** | | |
| Slight | Moderate | Extreme |
| Very unlikely | Very low risk (VL) | Low risk (L) | High risk (H) |
| Unlikely | Very low risk (VL) | Medium risk (M) | Very high risk (VH) |
| Likely | Low risk (L) | High risk (H) | Very high risk (VH) |
| Very likely | Low risk (L) | Very high risk (VH) | Very high risk (VH) |

Table 2

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Categories for likelihood of harm** | **Very unlikely (VU)** | **Unlikely (U)** | **Likely (L)** | **Very likely (VL)** |
|  |  |
| Typical occurrence | Less than 1% chance of being experienced by an individual during their working lifetime | Typically experienced once during the working lifetime of an individual | Typically experienced once every five years by an individual | Typically experienced at least once every six months by an individual |
| A few people exposed to the risk occasionally |  |  |  |
|  | Some people exposed to the risk occasionally | Many people exposed to the risk some of the time | Many people exposed to the risk most of the time |
|  | or | or |  |
|  | A few people exposed some of the time | Some people exposed most of the time |  |
| Adapted from: BS 18004:2008 | |  |  |  |

Table 3:

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| **Impact category** | **Slight (S)** | **Moderate (M)** | **Extreme (E)** |
| Harm to health | Nuisance and irritation; temporary ill-heath leading to discomfort | Partial hearing lost; dermatitis; asthma; work-related upper limb disorders; ill-health leading to permanent minor disability. Sickness absence | Acute fatal diseases; severe life shortening diseases; permanent substantial disability. Long term sickness. Ill health retirement. |
| Injury | Superficial injuries, minor cuts and bruises; eye irritation from dust | Lacerations; burns; concussion; serious sprains; minor fractures. Sickness absence. | Fatal injuries; amputations; multiple injuries; major fractures Long term sickness. Ill health retirement. |
| Other impacts | Warning letters from enforcement bodies or legal action unlikely. | Improvement notice | Corporate manslaughter or high profile H&S prosecution – Crown court. High fines, imprisonment, |
|  | Prosecutions for minor offences leading to fines in magistrate’s court. |  |
| Claims unlikely | Civil claims for minor amounts | High profile civil claim (e.g. stress) or large arising from major incidents. |
| Unlikely to be result in adverse press coverage |  |  |
|  | Local press coverage | National press coverage |
|  |  |  |
| Damage minor and causes no significant disruption | Part of building lost or temporary disruption to work | Long term disruption to business. E.g. Whole building lost or activity prevented by damage, contamination or prohibition notice. |
| Cost of rectifying low | Significant costs needed to remedy | Major cost impact to remedy |
| Little or no impact on staff morale | Some impact on staff morale. Increased dissatisfaction, reduced cooperation and productivity | Major impact on staff morale. Widespread discontent. Poor industrial relations. Tribunals and disputes. Failure to recruit and retain key staff. |
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| RAE score unaffected | RAE score threatened | Impact on RAE score |

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| Sport: Volleyball | Location: University of Essex sports hall | Reference number: |

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| Activity | Hazard | Hazardous event and expected consequence | People affected | | Existing controls | Assessment of risk | | | Additional Risk Controls | Action Lead | Residual Risk |
| Occupation | Number | Likelihood | Severity | Risk Level |
|  | Projections from sports hall walls. Eg football goals, hall curtains | Bang into them or fall off the wall onto someone |  | Everyone | Ensure curtains are firmly secured and all other projections are folded flat or removed from hall | 2 | 2 | 4 | Checked by sports centre staff and volleyball officials before games |  |  |
| Fire procedures and emergency exit doors leading directly into playing area | People get into the sports hall who aren’t meant to come in. Get Trapped in when there is a fire. |  | Everyone | Ensue fire doors are all closed in sports halls ensure fire doors are not blocked | 2 | 4 | 8 | Make sure all teams have a fire and evacuation map on arrival. If fire alarm goes off sports centre staff make sure everyone meets at the appropriate meeting points |  |  |
| Slippery flooring | Slip and fall, hurting themselves on impact |  | Everyone | Sweep floor at the start of each day and check after each training session and match | 4 | 4 | 16 | Check by officials and referees before matches. Floor to be swept each morning by sports centre staff. |  |  |
| Unpadded volleyball post | Bang into them |  | Everyone | Volleyball posts should be padded at every training session and match | 2 | 2 | 4 | Sports centre staff can make sure the pads are available for players or officials to set on the posts. |  |  |
| Inappropriate footwear | Cause injury to themselves. Eg roll ankles |  | Everyone | Warn players of the dangers of wearing inappropriate footwear | 2 | 2 | 4 | Referees to check before games. |  |  |
| Personal effects adjacent to court | Trip over them or disturb training or games |  | Everyone | Ensure all bags and belongings are placed by the wall before matches and training. | 2 | 2 | 4 | Coaches and players make sure the is a specific place to put things away from the courts. |  |  |
| Jewellery worn by players | Catch in the net |  | Everyone | Insist all jewellery is either taped or removed before training and matches. | 3 | 4 | 12 | Officials check before matches |  |  |
| Injuries to players as a result of physical contact. |  |  | Everyone | First aid can be obtained from the sports centre reception desk. There is also first aid box provided for less serious injuries. | 3 | 4 | 12 | Make sure first aid box is available at the venue. Sports centre staff responsibility. |  |  |
| Injuries are of variable nature, from miner eg bruising, to major eg broken bones. |  |  | Everyone | The sports centre reception will assist in either contacting the emergency servies, provide first aid themselves and complete an accident report form. | 3 | 4 | 12 | Sports centre staff responsibility. |  |  |
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| Assessors name | Signature | Date | Review period | Date of next review | Responsible manager | Position | Signature | Date |
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