

# SESSION CHECKLIST

This is a checklist of what you should have before every session. We strongly recommend that this is all checked off at the beginning of the week to avoid a mad rush the day before/ morning of.

A Session Leader .....

A backup Session Leader in case of an emergency .....

A session plan .....

All the resources you need .....

Volunteers to assist in delivering the session .....

A clear idea on how you will be travelling to your session ....